Resolutions for a Mother's Heart

I will hold more hands and give more kisses.

I will say yes more and no less.

I will make time to play.

I will make time to snuggle.

I will say I love you for no reason.

I will laugh.

I will build up those around me.

I will replace sighing with smiling.

I will be spontaneous.

I will be intentional.

I will stress less about the mess.

I will affirm who my children are in Christ.

I will serve gladly.

I will pursue excellence and not perfection.

I will replace guilt with grace.

I will breathe.

I will put away the to-do list and savor the moment.

I will replace worry with prayer.

I will show that growing older means growing better.

I will dance like crazy.

I will sing out loud.

I will look at screens less and faces more.

I will not let my children's mistakes define me. Or them.

I will be slow to speak and quick to listen.

